



**ROUTE CARD 6 – Bolton Abbey, The Strid and woodland walk**

**Estimated 1hr 40 mins, 5 miles, gentle walk, lots to see and do, suitable for younger children.**

## ROUTE CARD 6- BOLTON PRIORY, THE STRID AND WOODLAND WALK

USE OUTDOOR LEISURE MAP 10 - YORKSHIRE DALES AND SOUTHERN AREA, SCALE 4CM:1 KM

**NOTE:** ALL BEARING ARE GRID NORTH NOT MAGNETIC BEARINGS

| NAME                       | DISTANCE | COMMENTS  | APPROX TIME |
|----------------------------|----------|---|-------------|
| BOLTON ABBEY<br>070 538    | 0.2 KM   | LEAVE CAR PARK FROM NORTH EXIT<br>BEARING 352, UNTIL TRACK LEAVES RD<br>TOWARD PRIORY   | 3 MIN       |
| TRACK LEAVES RD<br>072 540 | 0.3 KM   | LEAVE RD AND FOLLOW TRACK PAST BOLTON<br>ABBAY, BEARING 16, UNTIL TRACK REJIONS RD  | 4 MIN       |
| TRACK LEAVES RD<br>075 545 | 0.9 KM   | FOLLOW THIS TRACK UNTIL YOU REACH A<br>WOODEN BRIDGE, BEARING 354   | 12 MIN      |
| WOODEN BRIDGE<br>077 552   | 2 KM     | FOLLOW MARKED NATURE TRAIL THROUGH<br>STRID WOOD TILL JUNCTION OF PATHS<br>BEARING 272  | 26 MIN      |
| JUNCTION PATHS<br>063 565  | 2 KM     | YOU HAVE REACHED THE STRID ( SEE ATTCHE<br>SHEET). DOUBLING BACK ON YOURSELF TAKE<br>THE TRACK TO YOUR RIGHT BACK THROUGH<br>STRID WOODS TO WOODEN BRIDGE. BEARING 126. | 26 MIN      |
| WOODEN BRIDGE<br>077 552   | 1.4 KM   | CROSS THE BRIDGE AND FOLLOW THE RIVERSIDE<br>TRACK BEARING 104 UNTIL YOU REACH A ROAD.  | 18 MIN      |
| JNCTN PATH & RD<br>076 542 | 0.4 KM   | FOLLOW TRACK BEARING 210, CROSS OVER<br>WATERFALL BRIDGE & FOLLOW PAST THE<br>PRIORY TRACK JUNCTION   | 5 MIN       |
| TRACK JOINS RD<br>072 540  | 0.2 KM   | FOLLOW RD BACK TO CAR PARK.   | 3 MIN       |

## DIRECTIONS TO BOLTON ABBEY FROM ESHTON GRANGE

TURN LEFT FROM ESHTON GRANGE TOWARD GARGRAVE. AT T-JUNCTION TURN LEFT TOWARD SKIPTON. AT ROUND-ABOUT TAKE FIRST LEFT FOLLOWING THE A59 NORTH-EAST.

FOLLOW THE A59 TOWARD HARROGATE UNTIL YOU SEE SIGNS FOR THE B6160. TURN LEFT OFF THE A59 ON TO THIS ROAD AND FOLLOW SIGNS FOR BOLTON ABBEY.



## **BOLTON PRIORY**

Founded in 1120 the priory became a settlement of the Augustinian or "Black" canons in 1151 under the patronage of Skipton castle. The ruins of the church show that it has been much altered over the centuries, with the base of the great west tower being begun in 1518 by the last prior, but left unfinished when the church was dissolved during the reign of King Henry VIII in the Dissolution of the Monasteries in 1539. .

## **THE STRID**

Caused by outcrops of hard millstone grit rock the river Wharfe is forced through a narrow channel only a few feet wide , which has caused the river to hollow out underground chambers, of great depth, into the sandstone. Many have drowned attempting to leap the gorge and the area should be approached with caution.

According to legend, Bolton Priory owes its foundation to a drowning accident at the Strid. The victim, a 12<sup>th</sup> Century " Boy of Egremont" jumped the gorge whilst hunting, but was pulled back to his death by his leashed greyhound who refused to make the leap. The boys mother, a relation of King David of Scotland, is said to have resolved to build the Priory following news of the death of her son.

## **STRID WOOD (a Site of Special Scientific Interest)**

Covering an area of 75 acres, Strid Wood is a sheltered, mixed woodland containing a rich variety of animal and insect life and varied floral scenery throughout the year. Over 50 species of bird nest in the area. The wood contains 5 way marked nature trails and a Field Day based on the Nature Trails is offered to schools as part of National Curriculum Key Stage 2.

### **Bolton Abbey Estate is open all year**

#### **Admission**

Vehicles: £3.00; Disabled concession: £1.50. Occupants free.

Easy access for disabled. Electric wheelchairs available free of charge.

**School Field Days** for National Curriculum Key Stage 2 can be booked.

**Detailed guides and information** on Nature Trails, Riverside and Hill Walks, Fishing, Birdwatching, Food and Accommodation are available from Estate shops and kiosks.